



SATURDAY, APRIL 30, 2011

TOTAL PAGEVIEWS

**8570**

### Jane Carter Conditioner

Good Morning Everyone! So it's 8am and I've got the sudden urge to do my hair!!! Ummm yea...Random. And I've decided to sorta try something new today. I prayed before Christmas for a hair dryer and my roomie blessed me with an AMAZING professional dryer. I've only used it once...so I decided today was my day. I previously watched youtube videos on Trader Joe's Nourishing Spa Conditioner. Its only

SLIDESHOW

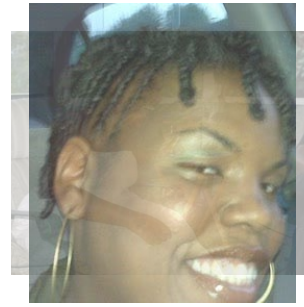
like \$2.50 but it's 100% Organic. We all know that Organic is best for your body and hair so I figured I'd give all my other stuff a rest. I decided to use that to Co-Wash because I have a few bottles of it, it costs less and it helps save money on the other conditioners I use for Deep Conditioning or Leave-ins....SO!!!



I Co-Washed with this. I only washed once, because I made the mistake of washing my hair twice this week with shampoo...so I figured its still pretty clean..Immediately after I applied  
Jane Carters Nutrient Replenishing Condiioner



I put a healthy amount in my hair and worked it through. It says you can leave it on for for 5 minutes but for maximum results 15 - 20 minutes under a hair dryer.



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    - I shampooed TWICE this week.
    - The Little Things
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ABOUT ME

KEENYA KELLY GRIFFIN  
Greetings. I'd like to



\*\*\*\*PAUSE\*\*\*\*

OH MY GOSH! As I was typing my hair dryer went off..yeah the new professional one. It made a LOUD ringing sound....dude...I promise my heart stopped beating for like 2 minutes...thought a sistah got shot for a second...:(



OK I'm back!! Ya'll laughing but I'm soooo serious!!! LOL So...I'm about to attempt to de-tangle my hair. I've decided to continue with Jane Carter's line so I used



Her Revitalizing Leave-In Conditioner. Up until now I have been using creamy conditioners, but I figured I would give this a shot. My



say I am the happiest person you will EVER meet. I truly enjoy

meeting people, encouraging them, and loving them. I'm the person who sees the glass almost full, and always has something positive to say, even when my house has just burned down. If you ever need a pick me up, a laugh or a smack in the face...I'm available! No for real...hit me up. lol I have been Natural since November 20th 2009, and it HAS been quite the journey...you'll learn about that as I blog. God is my everything and the reason I exist...I worship him in spirit and in truth...you'll learn about that too....stay tuned.

[VIEW MY COMPLETE PROFILE](#)

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[Kinky Keenya](#)

arm got tired trying to spray my entire head, so I just poured some on each side and mixed it all together. I must say...my curls LOVED IT! I've never seen my hair so defined from a leave-in conditioner!! The unfortunate thing is that it didn't help with combing...NOT AT ALL.




You can't really see the defined curls in this pic....but I was amazed. From there I decided to try Box Braids or a "Braid Out" as my roomie is calling it. I told her I don't know how to braid my own hair...but I'll try. I rubbed a nice amount of Coconut Oil in my hands and put it all throughout my wet hair...grabbed a wide toothed comb and a canister of Shea Butter.

I didn't part my hair...I just grabbed small pieces and braided. Once I got down to the end and couldn't continue braiding I twisted the ends as if I were doing a Two Strand Twist and the here's the pic.



I am going to sit under the hair dryer for about 30 minutes or so and be right back....well I tried to come right back, but my hair was still wet. So I decided to go the rest of the day with it braided. I took them out Sunday morning and WOW beautiful. I remembered that when

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Name:  
Kinky Keenya

Status:  
Just ate the largest ORANGE in world history!!!...

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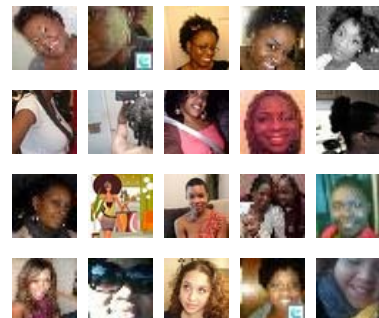
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you take out your braids/twists make sure you keep oil on your hands so that your dry hands don't cause your hair to frizz as you are taking them out.

I learned that braiding my hair versus a Two-Strand twists stretches my hair showing my length.



I LOVE MY HAIR! It feels great...its touchable, curls are defined and yea...

*\*singing\* "I'm too sexy for my cap, too sexy for my cap for my SATIN CAP!!!"*

Til next time...Nails and Toes Poppin....lol

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POSTED BY KEENYA KELLY GRIFFIN AT 7:44 AM



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## 2 COMMENTS:

[S Nicole - lush expert](#) said...



Love this post! I have been debating about using Jane Carter products since I am a Miss Jessie's fanatic.....but I am loving the end result of your two strand twist. Big flava!

Love,

S Nicole

[www.thelushepisodes.com](http://www.thelushepisodes.com)

MAY 5, 2011 7:21 PM

[Keenya Kelly Griffin](#) said...

I hear Miss Jessies is amazing..I am going to get A large bottle